Assessment for Day Services

Name:	SSN:			Initial	Date:	
DOB:	Age:			Sex:	Male:	Female
Address:						
City:				Home Phone: _		
Emergency Contact				Phon	e:	
Do you receive home and community-based Medicaid waiver services:	Yes No					
If YES, please list the agency providing the waiver services:						
MEDCAL HISTORY						
Injuries:	Date of Injury:			Age:		
Do you have regular check-ups with your physician? Yes No _	Name of	f Physician		Phon	e:	
Do you have any type of health care coverage that pays for all or part of your n	nedical care? Yes	No				
If YES, please list						
In general would you say your health is (circle one): excellent	very good	good	fair	poor		
In the last month have you accomplished less then you would like as a result of	f your physical health? Yes	s No				
If YES, explain:						
Do you exercise?	How often per week?			How long per se	ession?	
Would you like to make a change in your current activity level? Yes	No If YES, e	explain:				
How do you relax?						
Do any of the following apply to your current health status? Please circle those Stroke Allergies Heart Disease High Block	e that apply. od Pressure	Diabetes	Blood Clots	Other		
Explain:						
Are you currently taking medication?	If YES, please list all medica	ations in the followin	ng Medical Managem	ent section.		

MEDCAL MANAGEMENT			
MEDICATION	CONDITION	MEDICATION DOSAGE/SCHEDULE	PHYSICIAN/PRESCRIBER
Do you self medicate? Vos No	Does anyone assist you with your medication? Yes	os No Ifvos who?	
bo you sell medicate? Tes No	Does arryone assist you with your medication?	es NO II yes, who?	
Comments:			

PLANNING INVENTORY

The purpose of the Planning Inventory on the following pages is to provide a basic assessment in the identified planning areas. This assessment instrument is not a mandatory assessment for service providers; however, it provides a minimum assessment in each of the identified areas. Service providers using optional or additional assessment instruments must be sure that as a minimum each of the areas on this assessment instrument are included in their assessment.

Directions: Rate each planning area based on the current level of competence in each of the planning areas. Place a check or X in the appropriate box. If you do not think planning is necessary because a statement is not appropriate for this particular consumer, check the "NA" (for "not appropriate") box.

<u>Each "NA" response requires a written comment of explanations</u>

PLANNING AREA Appropriate Dependent Support Independent SELF-ADVOCACY / SELF-DETERMINATION **COMMENTS** SA-1. Aware of personal preferences and interests SA-2. Aware of individual strengths and limitations SA-3. Differentiate between wants and needs SA-4. Identifies choices SA-5. Makes choices SA-6. Considers various options SA-7. Considers the consequences of decisions SA-8. Establishes individual goals SA-9. Demonstrates problem solving skills SA-10. Assumes responsibility for actions SA-11. Demonstrates self-confidence SA-12. Expresses feelings and ideas to others

Not

No or

Needs

Yes or

Not No or Needs Yes **PLANNING AREA** Appropriate Dependent Support Independent **SELF-ESTEEM COMMENTS** SE-1. Feels useful and needed SE-2. Feels he/she has good qualities and traits SE-3. feels successful most of the time SE-4. Happy with himself/herself SE-5. Happy with his/her life SE-6. Has a positive attitude SE-7. Respects himself/herself SE-8. Respects others SE-9. Expresses feelings to others SE-10. Expresses opinions to others SE-11. Develops friendships SE-12. Enjoys conversation with others

Not Needs Yes or No or **PLANNING AREA** Appropriate Dependent Support Independent **COPING SKILLS** COMMENTS CS-1. Often feels stress CS-2. Identifies cause of his/her stress CS-3. Solves problem situations CS-4. Controls anger/temper CS-5. Controls emotion CS-6. Does not engage in self-destructive behavior CS-7. Identifies situations that may upset him/her CS-8. Avoids situations that may upset him/her CS-9. Avoids physical, psychological or emotional situations that are harmful CS-10. Has a crisis management plan CS-11. Has family support CS-12. Has a support group CS-13. _____

Not

No or

Needs Yes or

Appropriate Dependent Support Independent COMMENTS PERSONAL RESPONSIBILITY PR-1. Schedules own appointments PR-2. Sets personal goals PR-3. Keeps track of daily schedules using a clock PR-4. Keeps track of weekly and monthly schedules using a calendar PR-5. Plans, prepares and serves his/her own meals PR-6. Prepares shopping list and shops for his/her own groceries PR-7. Cleans his/her own room (sweep, dust, make bed, pick-up) PR-8. Uses washer and dryer to cleans his/her own clothes PR-9. Lives in an apartment or house by himself/herself PR-10. Lives in an apartment or house with roommate PR-11. Identifies current day, month and year PR-12. Identifies safety hazards within the home PR-13. _____ PR-15.

Not No or Needs Yes or

Appropriate Dependent Support Independent

PERSONAL HEALTH AND HYGIENE	Appropriate	oppositions outpo	. maspenaent	COMMENTS
PH-1. Maintain good physical health				
PH-2. Recognizes and addresses physical problems that ari	se			
PH-3. Maintains good mental health				
PH-4. Recognizes and addresses mental health problems the arise	at			
PH-5. Makes informed choices regarding sexual behavior				
PH-6. Takes a bath or shower and dries self				
PH-7. Washes and rinses own hair				
PH-8. Brushes teeth				
PH-9. Uses deodorant after shower or bath				
PH-10. Adjusts hot and cold faucets safely				
PH-11. Dresses him/herself				
PH-12. Calls 911 in an emergency				
PH-13	_			
PH-14				
PH-15				

Not No or

Needs Yes or

PLANNING AREA Appropriate Dependent Support Independent SOCIALIZATION COMMENTS S-1. Acknowledges others in the room S-2. Makes eye contact when talking or being talked to S-3. Acknowledges own name when called S-4. Answers when asked a question S-5. Participates in group activities S-6. Obeys rules at home, school and work S-7. Follows one step directions given by a person in charge S-8. Talks in a group discussion staying on the topic of conversation S-9. Does not interrupt others when they are talking S-10. Goes to others to get help or information S-11. Manages anger in a tense situation S-12. Develops friendships with others S-13. S-14. S-15.

Not No or Needs Yes or Appropriate Dependent Support Independent

COMM	UNITY PARTICIPATION		COMMENTS
CP-1.	Participates as an active citizen		
CP-2.	Locates appropriate community services and resources		
CP-3.	Knows how to use a variety of services and resources successfully		
CP-4.	Picks activities within the community to do for fun away from home		
CP-5.	Makes plans and arranges to get to an event or activity he/ she likes		
CP-6.	Asks directions when in an unfamiliar location		
CP-7.	Knows how to order meals at a fast food restaurant		
CP-8.	Orders a meal from a menu at a restaurant		
CP-9.	Contacts caseworker or staff for assistance		
CP-10.	Asks where to find a telephone in an unfamiliar location		
CP-11.	Uses 911 or 0 and asks for helping an emergency when alone in the community		
CP-12.	Knows and obeys safety rules while in the community		
CP-13.			
CP-14.			
CP-15			

Not No or Needs Yes or

Appropriate Dependent Support Independent

COMMENTS MOBILITY AND TRANSPORTATION MT-1. Does not require mobility ADS for walking MT-2. Is able to maneuver stairs without assistance MT-3. Asks for directions in an unfamiliar place MT-4. Walks or bikes to a place at least several blocks away from home MT-5. Able to get to a bus or train stop without assistance MT-6. Knows how to access public transportation MT-7. Uses a map for navigation MT-8. Has a drivers license MT-9. Wants to obtain a drivers license MT-10. Reads and understands street and traffic signs MT-11. Has a support person to provide transportation MT-12. Requests assistance in securing transportation MT-13. ____

Not No or Needs Yes or Appropriate Dependent Support Independent

COM	MUNITY SAFETY			COMMENTS
CS-1.	Watches for traffic before crossing streets, driveways and parking lots			
CS-2.	Crosses the street only at designated crosswalks			
CS-3.	Walks a safe distance from moving traffic			
CS-4.	Looks in both directions before crossing a street			
CS-5.	Stays with the group in a crowded or busy area			
CS-6.	Gets into cars with friends or family only			
CS-7.	Asks for help when in danger			
CS-8.	Knows his/her phone number and address			
CS-9.	Gives out personal information only in emergency situations			
CS-10	. Contacts a neighbor for help when needed			
CS-11	. Carries identification and money when leaving home			
CS-12	. Takes precautions when going out into the community			
CS-13	·			
CS-14	·			
CS-15				

Not

No or

Needs

Yes or Appropriate Dependent Support Independent

MON	EY MANAGEMENT			COMMENTS
MM-1.	successfully uses a vending machine			
MM-2.	Pays for an item that costs more than a dollar with a Sufficient number of bills			
MM-3.	Gives the exact amount of change to pay for something That costs les than one dollar			
MM-4.	Has a checking account			
MM-5.	Has a savings account			
MM-6.	Manages personal finances			
MM-7.	Cashes check/paychecks			
MM-8.	Checks the accuracy of paycheck			
MM-9.	Understands deductions on a paycheck			
MM-10	. Budgets spending money			
MM-11	. Makes a withdrawal from a bank account			
MM-12	. Maintains financial records such as receipts and bills			
MM-13	. Uses a debit card			
MM-14				
MM-15				

Not No or Needs Yes or

PLANNING AREA	Appropriate	Dependent	Support	Independent	
PRE-EMPLOYMENT					COMMENTS
PE-1. Has a specific interest in securing employment					
PE-2. Has specific job skills					
PE-3. Has a specific employment goal					
PE-4. Identifies interests and preferences concerning employ	yment				
PE-5. Identifies and understands basic abilities and disabilities	es 🔲				
PE-6. Able to make informed choices					
PE-7. Develops goals					
PE-8. Communicates with others in an appropriate manner					
PE-9 . Follows directions					
PE-10. Displays acceptable on-the-job behaviors					
PE-11. Displays acceptable on-the-job socialization skills					
PE-12. Advocates for self					
PE-13	_				
PE-14					
PE-15					

PLANNING AREA Appropriate Dependent

Not No or Needs Yes or

Appropriate Dependent Support Independent

JOB	SEARCH	•	•	COMME	NTS
JS-1.	Identifies 2 or 3 jobs interests				
JS-2.	Identifies realistic job interests				
JS-3.	Selects job interests that matches his/her skills				
JS-4.	Seeks assistance from agencies or employment counselors in finding a job				
JS-5.	Contacts friends and family concerning job openings				
JS-6.	Contacts employers concerning job openings				
JS-7.	Asks a person he/she knows well for a job recommendation				
JS-8.	Prepares a resume to include personal information and work history				
JS-9.	Fills out a job application completely				
JS-10	. Requests an interview for a job				
JS-11	. Asks and answers questions during a job interview.				
JS-12	. Accepts a job when one is offered				
JS-13					
JS-14					
JS-15					

Not No or Needs Yes or

Appropriate Dependent Support Independent

ADDITIONAL PLANNING AREAS	, тррг орг асо	2 openius ii.	опрост	шарынаы	COMMENTS
AP-1					
AP-2					
AP-3					
AP-4					
AP-5					
AP-6					
AP-7					
AP-8					
AP-9					
AP-10					
AP-11					
AP-12					
AP-13.					
AP-14					
AP-15					

ASSESSMENT SUMMARY

PLANNING AREAS	SUMMARY COMMENTS AND RECOMMENDATIONS
MEDICAL HISTORY	
SELF-ADVOCACY/SELF- DETERMINATION	
SELF-ESTEEM	
COPING SKILLS	
PERSONAL RESPONSIBILITY	
PERSONAL HEALTH AND HYGIENE	
SOCIALIZATION	
COMMUNITY PARTICIPATION	
MOBILITY AND TRANSPORTATION	
COMMUNITY SAFETY	
MONEY MANAGEMENT	
PRE-EMPLOYMENT	
JOB SEARCH	
OTHER #1	
OTHER #2	
OTHER #3	

For referrals assigned to Supported Employment: Complete the summary page above and transfer information to complete the consumer profile, Section III of the Individual Plan of Supported Employment.